

For further information or to check availability before booking:
email: Plymouth Diocesan Ignatian Spirituality Group
diocesan-ignatian-retreats@prcdtr.org.uk
or telephone: 01752 769164 or 07823447637

For retreats, please return your booking form and deposit as soon as you can. Please ensure the balance is paid at least 2 weeks before the start date of the retreat. Send payments to

Diocesan Retreats, Diocese of Plymouth, Finance Office
St Boniface House, Ashburton, Newton Abbot, Devon TQ13 7JL

The deposit is non-refundable and is taken as your confirmation.

For six-day retreats the deposit is: £95
For shorter retreats the deposit is: £55
For the Lenten Quiet Day please send: £10.

Please make Cheques payable to: PRCDTR Ignatian Spirituality Group

For payment by BACS/Bank Credit – Please contact the Finance Office

Tel: 01364 645373 email: finance@prcdtr.org.uk

Please tick the appropriate boxes where applicable:

I consent to the Diocese of Plymouth, which includes the **Diocesan Ignatian Spirituality Group** holding my data and contacting me via

Post Email Phone SMS

To keep me informed about future events and programmes of quiet days, retreats and similar events

Signed.....Date.....

(You can withdraw or change your consent at any time by contacting the Diocesan Ignatian Spirituality Group (contact details at top of page).

To view Diocesan Privacy Policy see www.plymouth-diocese.org.uk/wp-content/uploads/2019/04/Privacy-Policy-for-Website.pdf

Any concerns contact dpo@prcdtr.org.uk or Data Protection Officer, St Boniface House, Ashburton, Newton Abbot, Devon TQ13 7JL.)

Further information will be sent to you nearer the time of the retreat.

Thank you

RETREATS

in the
Diocese of Plymouth

2020

March 14th (Sat) Lenten Quiet Day 10.00–3.30pm

May 23rd (Sat) Quiet Day 10.00–3.30pm

July 5th- 10th (Sun - Fri) 5-day Retreat

at Sclerder Abbey (Sclerder Lane, Looe,
Cornwall PL13 2JD)

October 9th - 11th (Fri - Sun) Weekend Retreat

October 12th- 16th (Mon - Fri) Midweek Retreat

October 9th- 16th (Fri - Fri) 6-day Retreat

November 13th- 15th (Fri - Sun) Weekend Retreat

and 'Taster' Retreat (for anyone who
would like to try a retreat for the first time)

All Retreats and Quiet Days (except the July Retreat)
are at Buckfast Abbey (*Buckfastleigh, Devon TQ11 0EE*)

THE RETREATS ARE LED BY EXPERIENCED MEMBERS OF THE PLYMOUTH DIOCESAN IGNATIAN SPIRITUALITY GROUP WHO HAVE RECEIVED TRAINING IN RELATION TO IGNATIAN SPIRITUALITY.

Southgate is a comfortable House adjacent to the Abbey but having its own private space. A few rooms only are en-suite. There is a lift to most floors.

Sclerder Retreat House (Chemin Neuf) – is situated near Looe in Cornwall. It was once a Carmelite Monastery. There is a large garden and lovely rural walks nearby. It is not suitable for those with disabilities.

Quiet Days – please bring a packed lunch, (or eat at The Grange Restaurant), drinks will be provided.

These **SILENT** RETREATS in the Ignatian tradition are open to Christians of any denomination who would like to step back from everyday life and review their journey in faith and be strengthened in their vocation as disciples of the Lord.



An Individually Guided Retreat offers each person the opportunity for space, **SILENCE** and prayer. Each retreatant will meet a Spiritual Companion daily and together they will discuss how best to use the time of retreat. The Companion will help you to pray using scripture and your own experience of life. Together you will try to discern what God is saying to you at this time. The retreat will be made in **SILENCE** to help you to pray and to leave other retreatants equal opportunity for reflection.

It is helpful to bring a Bible & notepad with you. Radios and other books can be a distraction from this

'Precious time alone with God.....'

BOOKING FORM 2020

Name.....

Address

.....Post Code.....

Telephone..... Email.....

Lay / Ordained / Religious – please circle

Denomination: R.C. / C of E / Meth. / Other – please circle

I would like to book the following retreat – please indicate:

March 14th (Sat) Lenten Quiet Day	£10	<input type="checkbox"/>
May 23rd (Sat) Quiet Day	£10	<input type="checkbox"/>
July 5th – July 10th 5-day Retreat (Sclerder)	£325	<input type="checkbox"/>
Oct 9th – 11th Weekend Retreat	£140	<input type="checkbox"/>
Oct 12th – 16th Midweek Retreat	£280	<input type="checkbox"/>
Oct 9th – 16th 6-day Retreat	£490	<input type="checkbox"/>
Nov 13th – 15th Weekend 'Taster' Retreat	£140	<input type="checkbox"/>

Have you any experience of a previous Individually Guided Retreat or Week of Guided Prayer? Y / N

Please advise of any special needs, dietary requirements / disability etc?

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