



Buckfast Abbey Prayer Retreat

12th – 16th October 2026



Come away and rest awhile – A prayer retreat with Dr Sue Price

Summary of the Retreat

Join us in the beautiful surroundings of Buckfast Abbey for a few days of rest, tranquillity and a unique opportunity to learn more about prayer. Time to be refreshed and inspired.

Starting from 14:00 on Monday and running through to 12:00 on Friday, our time together will be a chance to explore various aspects of prayer.

With sessions on Reflection, The Still Small Voice, Reconciliation: receiving God's Love and Mercy, there will also be free time to explore the beautiful surroundings of this corner of Devon. There will also be the opportunity to join the monastic community for the Divine Office and daily Mass.

Our evenings will be free to enjoy a drink and a chat in the bar. Please read on for the itinerary.



What to expect

Sue Price has led a variety of retreats for school staff and parishioners.

Much of her current work focuses on supporting those in a variety of ministries through Pastoral Supervision.

Each one of us, when we are baptised receive our baptismal vocation to be Prophet, Priest and King. During this retreat we will explore how we are called to serve in this way by considering how God is working in our lives at present and what God may be calling each one of us into in the next phase of our lives.

There will be reflection sessions, time and space for participants to spend time on their own in prayer. There will be opportunities to share with each other as appropriate. There will be 1:1 sessions available.

Continental Breakfast and two-course Dinner* will be provided for guests in our Northgate House Hotel, please see our website for a little more information <https://www.buckfast.org.uk/northgate-hotel/>

Guests staying in Southgate Retreat House will also take breakfast and dinner in Northgate House Hotel.

*excludes drinks



Monday 12th October

Come and Rest a while

- 14.00 Meet in the Hotel's Northwood Room for Tea and Coffee
- 14.30 Welcome and tour of the retreat locations
- 15.00 Introduction to the Retreat
- 16.00 Free time & check in to Hotel (check-ins are after 4pm)
- 16.15 **'Come and Rest a while'** Reflection Session
- 17.00 Attend Conventual Mass (Optional)
- 17.45 Free time
- 18.30 Attend Vespers (Optional)
- 19.30 Evening meal (Northgate)



Tuesday 13th October

The Still Small Voice

- 06.45 Attend Matins (Optional)
- 07.45 Attend Lauds (Optional)
- 08.15 Breakfast (Northgate)
- 09.30 The Still Small Voice Reflection 1
- 10.30 Coffee break
- 11.00 The Still Small Voice Reflection 2
- 12.00 Free time and lunch (own arrangements)
- 14.30 The Still Small Voice Reflection 3
- 15.30 Tea Break
- 15:45. The Still Small Voice Reflection 4
- 17.00 Attend Conventual Mass (Optional)
- 17.45 Free time
- 18.30 Attend Vespers (Optional)
- 19.30 Evening meal (Northgate)



Wednesday 14th October

Reconciliation: receiving God's Love & Mercy

06.45 Attend Matins (Optional)

07.45 Attend Lauds (Optional)

08.15 Breakfast (Northgate)

09.30 Using the Stations of the Cross to reflect on our lives.

(Opportunities for the Sacrament of Reconciliation will be made available throughout the morning.)

10.30 Coffee break

11.30 Opportunity to share reflections (Optional)

12.00 Free time and lunch (own arrangements)

14.30 Reflection session

17.00 Attend Conventual Mass (Optional)

17.45 Free time

18.30 Attend Vespers (Optional)

19.30 Evening meal (Northgate)



Thursday 15th October

Called to serve – as prophet priest and king

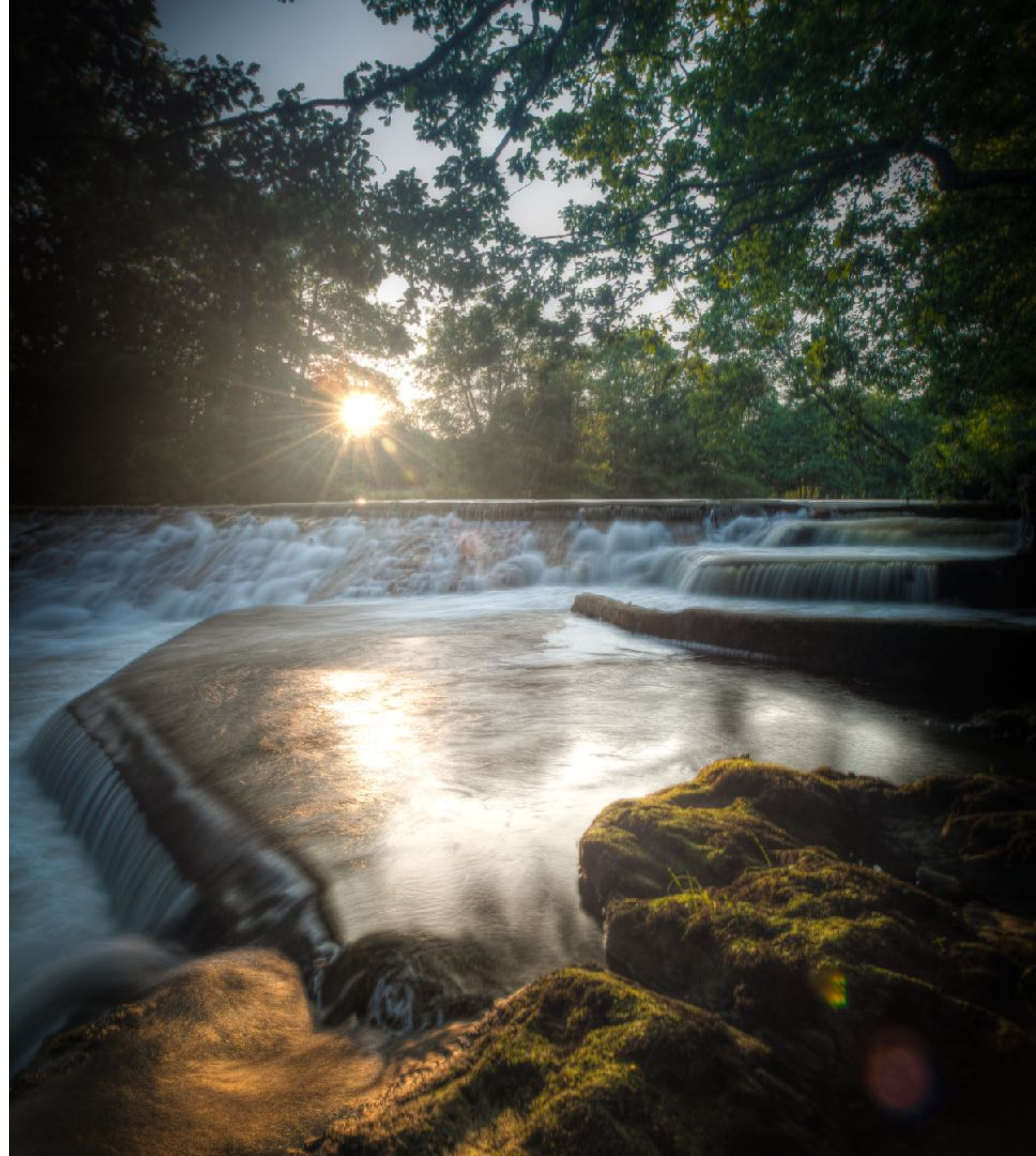
- 06.45 Attend Matins (Optional)
- 07.45 Attend Lauds (Optional)
- 08.15 Breakfast (Northgate)
- 09.30 Called to Serve as Prophet
- 10.30 Coffee break
- 11.00 Called to Serve as Priest
- 12.00 Free time and lunch (own arrangements)
- 14.30 Called to Serve as King
- 15.30 Tea break
- 16.00 Called to Serve
- 17.00 Attend Conventual Mass (Optional)
- 17.45 Free time
- 18.30 Attend Vespers (Optional)
- 19.30 Evening meal (Northgate)



Friday, 16th October

Go and spread the gospel of the Lord

- 06.45 Attend Matins (Optional)
- 07.45 Attend Lauds (Optional)
- 08.15 Breakfast (Northgate)
- 09.30 Final Session reflecting together on how each one of us is called to serve.
- 10.30 Coffee break
- 11.00 Closing Liturgy and Farewells
- 12.00 Feedback and conclusion of retreat.



Keep in touch

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X (Twitter) @Buckfast_Abbey

www.buckfast.org.uk/events

If you have any queries about this event please contact:

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